SA GYM GAMES 2016 VENUE DIRECTIONS

It is with pleasure that we can announce a finalized programme for this year’s SA Gym Games which is set to take place in Cape Town from 30 September – 08 October 2016. Please find, herewith, information regarding the two selected venues, directions, accommodation options and our finalized programme for the SA Gym Games:

VENUE 1: WYNBERG MILITARY BASE SPORTS CENTRE

Address: Camp Rd, Wynberg, Cape Town, 7824

Disciplines: Trampoline
Tumbling
Rope Skipping
Acrobatic Gymnastics

Directions to Wynberg Military Base (Wynberg)

From N1

Continue on N1. Take M5 to Paradise Rd/M3 in Newlands
Merge onto N1 7.5 km
Take the M5 exit toward Maitland 90 m
Keep right at the fork and merge onto M5 3.6 km
Take exit 9B to merge onto Settlers Way/N2 toward Cape Town 2.3 km
Take exit 6 for Rhodes Drive toward M3/Observatory/Muizenberg 400 m
Merge onto M3 4.3 km

Continue on M3. Take Waterloo Rd to Camp Rd in Wynberg
Keep right to continue on Paradise Rd/M3  Continue to follow M3 1.9 km
Take the Trovato Link ramp to M155/Wynberg  500 m
Continue onto Trovato Link  550 m
Continue onto Waterloo Rd  700 m
Turn right onto Jan Smuts Rd Restricted usage road 400 m
Jan Smuts Rd turns left and becomes Camp Rd Restricted usage road

Destination will be on the left 82 m

Once you enter the Military Sports Grounds, then continue driving straight.
There will be a turn off to the left which you must take, and to just keep following the road
Be on the lookout for the Sports Hall.

**From N2**
Take Victoria St to N2
Head northeast on Victoria St toward Main Rd/M9 56 m

Turn left onto Main Rd/M9 120 m
Turn left onto Oak St 210 m
Turn left onto Andries Pretorius St 120 m
Turn right onto Victoria St 1.0 km
Continue on N2 to Newlands
Turn right onto N2 39.4 km
Take exit 6 for Rhodes Drive toward M3/Observatory/Muizenberg 400 m
Merge onto M3 4.3 km
Continue on M3. Take Waterloo Rd to Camp Rd in Wynberg
Keep right to continue on Paradise Rd/M3 Continue to follow M3 1.9 km
Take the Trovato Link ramp to M155/Wynberg 500 m
Continue onto Trovato Link 550 m
Continue onto Waterloo Rd 700 m
Turn right onto Jan Smuts Rd Restricted usage road 400 m
Jan Smuts Rd turns left and becomes Camp Rd Restricted usage road
Destination will be on the left 82 m

Once you enter the Military Sports Grounds, then continue driving straight.
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**VENUE 2: WESTERN CAPE SPORTS SCHOOL**

Address: New Nooiensfontein Road, Kuils River, Cape Town, 7579

Disciplines: Rhythmic Gymnastics  
Gym For Life Challenge  
Women’s Artistic Gymnastics  
Men’s Artistic Gymnastics  

**Directions to Western Cape Sports School (Kuilsriver)**

From N1

Take the R300 off ramp

Take Exit 21 (M12/Stellenbosch Arterial off the R300) and continue to the traffic light.

At the Traffic light, turn left onto Stellenbosch Arterial Road and continue for around 1.2km

At the traffic light, turn left onto Nooiensfontein Road and continue for around 1.6km until you get to a traffic light.

Continue over the traffic light and after 200m take a right into the Western Cape Sports School's Grounds

After passing through security take a left - the hall will be in front of you.

From N2

Take exit 22A towards R300/Bellville.

Take exit 21 for M12/Stellenbosch Arterial and turn right onto M12/Stellenbosch Arterial.

At the traffic light, turn left onto Nooiensfontein Road and continue for around 1.6km until you get to a traffic light.

Continue over the traffic light and after 200m take a right into the Western Cape Sports School's Grounds

After passing through security take a left - the hall will be in front of you.

*****DO NOT GPS WESTERN CAPE SPORTS SCHOOL AS IT DOES NOT TAKE YOU TO THE CORRECT VENUE*****