



UNION AFRICAINE DE GYMNASTIQUE
AFRICAN GYMNASTICS UNION

الاتحاد الإفريقي للجهاز

Fondéeeen 1990

12TH AFRICAN GAMES
RABAT, MOROCCO 2019

GYMNASTICS

TECHNICAL REGULATIONS

VERSION:
15 FEBRUARY 2019

1. **DATE AND PLACES**

The Gymnastics competitions of the 12th African Games will take place in the Sports Complex IBN Rochd- Rabat, from 23to 27August 2019, in Morocco (Rabat).

2. **APPLICATION OF THE RULES**

The competition will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these African Games Technical Regulations:

- Statutes
 - Technical Regulations
 - Code of Points and relevant Newsletters
 - General Judges' Rules
 - Specific Judges' Rules
 - Doping Control Rules
 - Licence rules (except for non-competitive events)
 - Media Rules
 - Apparatus Norms
 - FIG Rules for Sanctioning (approval) of International Events
 - Advertising and Publicity Rules
- and subsequent decisions of the FIG Executive Committee*

3. **EVENTS**

Men's Artistic Gymnastics (MAG)

- Combined Team and Individual events, and Apparatus Finals

Women's Artistic Gymnastics (WAG)

- Combined Team and Individual events, and Apparatus Finals

Trampoline Gymnastics (TRA) – Men and Women

- Individual events (Qualifications and Finals), for Men and Women
- Synchro events (Qualifications and Finals), for Men and Women

4. **PARTICIPATION**

Any competitor authorized to participate in the 12thAfrican Games, must meet the following conditions:

- Be a citizen of the country he/she represents and comply with the eligibility rules laid down by the International Federation governing the sport discipline concerned;
- Be member of the National Federation governing the sport, the latter must be affiliated to the African Gymnastics Union (UAG) and the International Gymnastics Federation (FIG) responsible.
- Have a valid athletes license registered on the FIG database.

5. **ENTRY PROCEDURE FOR AFRICAN GAMES**

The entry procedure is notified to the Federations concerned by the Organiser of the Games via their National Olympic Committees (COJA).

6. **AGE of PARTICIPANTS**

For the official competitions of the UAG the participants must, in the year of the competition, have the following minimum age:

- **Male Artistic Gymnastics:** Senior -18 years
- **Women's Artistic Gymnastics:** Senior - 16 years

- **Trampoline Gymnastics:** Senior - 17 years

Through the accreditation process, before the official competition, the personnel of the LOC in cooperation with the UAG, will check the nationality of athletes and judges as well as the age of athletes.

6.1. Number of athletes by discipline

	Men	Women	Total
Male Artistic Gymnastics	5	-	5
Women's Artistic Gymnastics	-	5	5
Trampoline (Individual and Synchro)	4	4	8

A synchronised pair consists of two (2) women and (2) men. A gymnast may only complete in one (1) synchronised pair.

6.2. Registration/Qualification

After the Nominative Registration no new entries or modification will be taken into account, except in case of a duly proven illness or injury.

7. 7. GENERAL RULES OF THE CHAMPIONSHIP

The event is considered valid when there are at least five (5) athletes from five (5) different countries entered and participating.

8. 8. COMPETITION RULES

8.1. Technical Organization

The technical organisation of the competition is entrusted to the African Gymnastics Union (UAG), in the presence of a delegate of the International Gymnastics Federation (FIG), if any.

MAG	WAG
Qualification: 6 Optional Exercises	Qualification: 4 Optional Exercises
Team Result	Team Result
All Around (AA) Result No more than two awards per Country	All Around (AA) Result No more than two awards per Country
Apparatus Final: 1 exercise per Apparatus (Exception: 2 vaults to qualify for Apparatus Final) No more than two awards per Country	Apparatus Final: 1 exercise per Apparatus (Exception: 2 vaults to qualify for Apparatus Final) No more than two awards per Country

TRA Individual Men and Women	TRA Synchro Men and Women
Qualification: 2 routines First routine includes special requirements. Second is a voluntary routine.	Qualification: 2 routines First routine includes special requirements. Second is a voluntary routine.
Final: 1 voluntary routine No more than two awards per Country.	Final: 1 voluntary routine No more than one award (or 2 gymnasts in a synchro pair) per Country.

For MAG and WAG, only two (2) gymnasts per member federation may compete in the Final. For TRA, only two (2) gymnasts and one (1) synchro pair per member federation may compete in the Final.

8.2. Competition Scoring System

- Nova Soft

8.3. Sequence of Performance on Apparatus (MAG and WAG)

MAG	WAG
Floor Exercises Pommel horse Rings Vault Parallel Bars Horizontal Bar	Vault Uneven Bars Beam Floor Exercises

8.4. Assistance by the coach

Detailed provisions related to the assistance of Coaches, are established in the FIG Code of Points.

8.5. Technical Meeting

The technical meeting will be led by the Technical Committee of the UAG in the presence of the delegates of the participating nations.

8.6. Draw of Judges

The draw of judges will be conducted by the Chair of the UAG Technical Committee of each discipline, in the presence of the judges of each participating nation, and a representative of the UAG Executive Committee and/or representative of the FIG.

The requirements of the FIG must be taken into consideration

- 1) No more than 1 Federation judge per panel
- 2) Only Brevet Cat 3 judges and higher may be in judging panels

If deemed necessary, the FIG Technical delegate may, with the agreement of the UAG Technical Committees, appoint the panels from the judges present to ensure a) equality of experience in the panels, and b) fair distribution of the judges across the panels.

8.7. Direction of competition

The competition management reports to the UAG Technical Committees of the respective disciplines and the technical delegate/s of the FIG, depending on their availability and attendance.

The Technical Committees of the UAG must make all the necessary arrangements for the smooth running of the competitions, working closely with the organizer, and overseeing the work of the judges by giving them instructions as to their tasks.

9. JUDGES

9.1. General principles

All exercises in gymnastics competitions must be evaluated by judges who have the required qualifications for this function. They must be members of their federations and motivated to judge the exercises presented by the gymnasts honestly.

In order to have the competence to act as judge in the competitions of the UAG it is necessary, except in the case of the members of the Jury of Appeals, that all judges possess a current valid FIG brevet qualification at the time of the event.

In each discipline involved, the participating federation may present the following number of judges with a minimum of **Category 3** qualification:

Men's Artistic Gymnastics:	Up to three (03) judges per federation
Women's Artistic Gymnastics:	Up to three (03) judges per federation
Trampoline Gymnastics:	Up to three (03) judges per federation

Any Category 4 judge presented by participating delegations will be used as technical assistants. The host federation may present more than 3 judges per discipline, however, any additional judges over the permitted amount will only be used as technical assistants.

9.2. Superior Jury

The Superior Jury is made up of a Representative of the FIG and an expert of the UAG of the discipline concerned.

Function of the Superior Jury:

- To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
- Where there is a grave error of judgement on the part of one, or several judges, to take such action as they consider necessary.
- Continually, to review the marks awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- Following the result of any warning, to remove and replace any judging personnel.
- To take final decision about inquiries.

9.3. Composition of the Competition Judges

Judges' Panels:

For MAG these consist of two groups of judges selected according to the judges appointed by the Federations & E Panels

For WAG these consist of two groups of judges selected according to the judges appointed by the Federations & E Panels

Each group of judges is responsible for the assessment of composition/content and performance.

Number of Members of the Judges Panels:

- MAG: 6-9 Judges per Apparatus, with additional line and time judges.
- WAG: 4-9 Judges per Apparatus, with additional line and time judges.
- TRA: 9 Judges for Trampoline.

10. SANCTIONS

Any sanctions or fines imposed related to the Gymnastics competition will be done according to the rules of the UAG and FIG.

11. MEDICAL SERVICES

Medical Services are provided by the service set up by the Organising Committee at each competition venue and training halls.

- An official doctor and therapist must be available as well as a fully equipped first aid room.
- Quick ways to access hospital treatment should also be provided.
- Essential Emergency Services must be available within the competition venue and the training halls and an emergency resuscitation unit must be located immediately outside the resuscitation room.
- Appropriate emergency medical services must also be available in the training venues.

12. ANTI-DOPING CONTROL

Anti- Doping and Tests for banned substances will be carried out throughout the games. These audits are under the responsibility of the medical commission of the Council of Sports of the African Union, the relevant international federations and the World Anti-Doping Agency.

13. EQUIPMENT

All Gymnastics equipment provided by the organizing committee of the African Games will conform to the standards of FIG.

14. COMPETITORS ' OUTFITS

The numbers of the competitors (bibs) must be firmly attached to the competition leotards throughout the competition.

15. MEDALS

Prizes to reward teams/athletes are awarded in accordance with the Olympic Charter.

16. AWARDS

Participation Diplomas will be awarded to the athletes participating in the games.

Team:

To be eligible for the Team Competition in MAG, the sum total of the gymnasts in the team must participate on 6 Apparatus. (Team = 5 gymnasts / 4 gymnasts compete on each apparatus, highest 3 scores on each apparatus counts to Team score)

To be eligible for the Team Competition in WAG, the sum total of the gymnasts in the team must participate on 4 Apparatus.(Team = 5 gymnasts / 4 gymnasts compete on each apparatus, highest 3 scores on each apparatus counts to Team score)

- 1st Place: 1 gold medal and 1 diploma
- 2nd Place: 1 silver medal and 1 diploma
- 3rd Place: 1 Bronze Medal and 1 diploma
- 4th – 8th Places: 1 diploma

- For team competitions, each member of the squad receives the above mentioned prizes.

Individual (A maximum of 2 gymnasts per Federation on the podium for Men and Women)

- 1st Place: 1 gold medal and 1 diploma
- 2nd Place: 1 silver medal and 1 diploma
- 3rd Place: 1 Bronze Medal and 1 diploma
- 4th – 8th Places: 1 diploma

Synchro (A maximum of 1 synchro pair per Federation on the podium for Men and Women)

- 1st Place: 1 gold medal and 1 diploma
- 2nd Place: 1 silver medal and 1 diploma
- 3rd Place: 1 Bronze Medal and 1 diploma
- 4th – 8th Places: 1 diploma

The duration of the delivery of Awards

- Award ceremonies will take place immediately following the finals of each competition.
- The organizers are required to establish quick procedures for these ceremonies.

17. TIES

FIG Tie Break rules are applicable.

18. MAXIMUM SIZE OF DELEGATION

	MAG	WAG	TRA.F	TRA.M	COMBINED
Team Manager					1
Coaches	2	2	1	1	6
Gymnasts	5	5	4	4	18
Judges	3	3	2		8
Total	10	10	7	5	33

- 19. FOR ANY POINTS THAT ARE NOT MENTIONED IN THESE REGULATIONS, THE REGULATIONS OF THE UAG WILL PREVAIL, IF ANY.**

ANNEXURE
PROVISIONAL CALENDAR OF COMPETITIONS
 Competition Venues: Rabat - from 23-27 August 2019

DATES	Time	Events	Gender
20 August		Training, Orientation Meeting (MAG, WAG)	
21 August		Training, Technical Meetings (MAG, WAG)	
22 August		Training, Judges Meetings (MAG, WAG)	
23 August	10h00 - 12h30	TRA Training WAG Team and individual events	Women
	16h00 - 19h30	TRA Training MAG Team and individual events	Men
24 August	16h00 - 19h30	TRA Training, Orientation Meeting Finals by Discipline WAG (Vault, Uneven Bars) MAG (Floor, Pommel, Rings)	Women and Men
25 August	16h00 - 19h30	TRA Training, Judges Meeting Finals by Discipline WAG (Beam, Floor) MAG (Vault, P-Bar, High Bar)	Women and Men
26 August	16h00 - 19h30	TRA Individual Qualification and Synchro	Women and Men
27 August	16h00 - 19h30	TRA Individual and Synchro finals	Women and Men