



South African Gymnastics Federation
Programme Management
TRAMPOLINE



Final Tumbling Program for SAGF Games

19 September 2017

The 2017 Trampoline and Tumbling Gym Games will take place at the Joni Bach Sports Centre, 377 Eeufees street, Pretoria North, from Tuesday 3rd October – Saturday 7th October, with tumbling on Saturday, 7th October.

Judges

We will run 2 competitions simultaneously with Level 4 on Mat 2. We will need at least 12 judges to run 2 panels at a time. Please submit judges names to André van der Merwe at tuimelvan@gmail.com on/before 21 September so that a schedule can be prepared and distributed. The rules regarding penalties for not supplying judges, as stated in the tumbling manual, applies. Judges must be available from the start of the day until the end of the day. (Thank you for those that have responded)

Difficulty cards

Difficulty cards for WAG and OPEN competitions must be handed to André van der Merwe before 11:00 on the day of the competition. Failure to do so will result in disqualification of the gymnast.

Artistic program clashes

Any gymnast with clashes may compete in another group, as long as it's a group before the set groups that he/she needs to participate. The gymnasts involved need to inform us asap which group they would need to be added to. This would also need to be on the same Mat as allocated to their particular group, thus meaning the same judging panel. Should they come in before their said group they will be in line for a medal. Once a group has competed the medal presentation will be done.

Friday, 6th October 2017 @ 18:00 – Tumbling Technical Assembly - Joni Bach Sports Centre

Saturday, 7th October 2017 – Competition from 07:55 - Joni Bach Sports Centre

To make sure we can keep to the times of the competition, all gymnasts/coaches/judges must be available at least 45 minutes prior to the reporting time on the program. (from the second competition onward)

Kind Regards

SATURDAY, OCTOBER 07, 2017

Morning sessions

MAT 1

Session 1 1		
LEVEL 5 GIRLS 6-8 yrs		
LEVEL 5 GIRLS 13/o yrs		
{± 18 gymnasts}		
Report	07:55	
Warm-up	08:00	08:30
Compete	08:30	09:00
Session 1 2		
LEVEL 5 BOYS 9-10 yrs		
LEVEL 5 BOYS 13/o yrs		
{± 15 gymnasts}		
Report	08:50	
Warm-up	09:00	09:20
Compete	09:20	09:45
Session 1 3		
LEVEL 5 BOYS 6-8 yrs		
LEVEL 5 BOYS 11-12 yrs		
{± 12 gymnasts}		
Report	09:35	
Warm-up	09:45	10:05
Compete	10:05	10:30
Session 1 4		
LEVEL 5 GIRLS 9-10 yrs		
LEVEL 5 GIRLS 11-12 yrs		
{± 23 gymnasts}		
Report	10:20	
Warm-up	10:30	11:00
Compete	11:00	11:40
Session 1 5		
LEVEL 6 BOYS <i>ALL AGES</i>		
{± 14 gymnasts}		
Report	11:30	
Warm-up	11:40	12:05
Compete	12:05	12:40

LUNCH

SATURDAY, OCTOBER 07, 2017

Morning sessions

MAT 2

Session 2 1		
LEVEL 4 GIRLS 6-8 yrs		
LEVEL 4 GIRLS 9 yrs		
{± 16 gymnasts}		
Report	07:55	
Warm-up	08:00	08:25
Compete	08:25	08:50
Session 2 2		
LEVEL 4 GIRLS 10 yrs		
LEVEL 4 GIRLS 13/o yrs		
{± 21 gymnasts}		
Report	08:40	
Warm-up	08:50	09:20
Compete	09:20	09:55
Session 2 3		
LEVEL 4 BOYS 6-8 yrs		
LEVEL 4 BOYS 9 yrs		
LEVEL 4 BOYS 10 yrs		
{± 12 gymnasts}		
Report	09:45	
Warm-up	09:55	10:15
Compete	10:15	10:40
Session 2 4		
LEVEL 4 GIRLS 11-12 yrs		
{± 15 gymnasts}		
Report	10:30	
Warm-up	10:40	11:10
Compete	11:10	11:35
Session 2 5		
LEVEL 4 BOYS 11-12 yrs		
LEVEL 4 BOYS 13/o yrs		
{± 18 gymnasts}		
Report	11:25	
Warm-up	11:35	12:00
Compete	12:00	12:30

LUNCH

Afternoon sessions

Session 1 6		
WAG MALE/FEMALE ALL AGES		
LEVEL 8 BOYS& GIRLS ALL AGES		
{± 22 gymnasts}		
Report	12:35	
Warm-up	12:40	13:30
Compete	13:30	14:10
Session 1 7		
LEVEL 6 GIRLS 11-12 yrs		
{± 15 gymnasts}		
Report	14:00	
Warm-up	14:10	14:30
Compete	14:30	14:50
Session 1 8		
LEVEL 6 GIRLS 6-10 yrs		
LEVEL 6 GIRLS 13-14 yrs		
LEVEL 6 GIRLS 15/o yrs		
{± 18 gymnasts}		
Report	14:40	
Warm-up	14:50	15:20
Compete	15:20	15:50
Session 1 9		
LEVEL 7 GIRLS ALL AGES		
LEVEL 7 BOYS ALL AGES		
{± 17 gymnasts}		
Report	15:40	
Warm-up	15:50	16:10
Compete	16:10	16:40
Session 1 10		
Region 5 Trials Pre-Junior M&F		
Region 5 Trials Senior M&F		
{± 14 gymnasts}		
Report	16:30	
Warm-up	16:40	17:05
Compete	17:05	17:30
Session 1 11		
REGION 5 Trials Junior M&F		
{± 17 gymnasts}		
Report	17:20	
Warm-up	17:30	18:00
Compete	18:00	18:30