



SAGF Trampoline Gymnastics Selection Policy

2018 AFRICAN CHAMPIONSHIPS
CAIRO, EGYPT
PROVISIONAL DATES 24 - 28 APRIL, 2018



Please be advised that Africa Champs 2018 is the official qualification trials for the selection of one male and one female gymnast - who are were born between 1st January 2001 and 31st December 2002 to be eligible for selection for the Youth Olympic Games which will be held in Buenos Aires from the 1-12 October 2018.

The trial is open to all gymnasts who can meet the requirements however, preference will be given to selecting junior gymnasts who were born in 2001 and 2002

Format Of Competition Applicable to Trampoline & Tumbling	FIG & UAG Rules Tum: 2 voluntary passes in the prelims and 1 voluntary pass in the finals for both Senior & Juniors.
Colours Applicable to Trampoline & Tumbling	Seniors - Protea Colours Juniors - Federation Colours
Funding Applicable to Trampoline & Tumbling	This competition is fully self funded and will also include a levy for the coaches and judges costs if necessary. Assistance for priority athletes if available
Eligibility Applicable to Trampoline & Tumbling	SAGF Registered Members RSA Citizens RSA Passport Valid FIG Licence
Categories Applicable to Trampoline & Tumbling	<u>Juniors (Ages 13-17) Male & Female</u> <u>Seniors (Ages 16+) Male & Female</u>
Performance Targets Applicable to Trampoline & Tumbling	One of the top three positions in all categories.
Selection Events Applicable to Trampoline & Tumbling	Any of the following can be used as selection events at the discretion on the TC. 1. Gym Games 2017 individual events 2. WC & WAGC 2017 results 3. Trials - If deemed necessary
Illness or Injury Applicable to Trampoline & Tumbling	A gymnast will only be excused from a trial through illness or injury with a valid doctors certificate. In this event a profile from a valid international competition in 2017 approved by the technical committee will be used
Removal from the team Applicable to Trampoline & Tumbling	A gymnast can be removed from the team on the following basis 1. Non compliance in training 2. Violation of the codes of behavior 3. Injuries at a late stage 4. Not following instructions of Head of Delegation and/or Designated Manager
Judge Selection Applicable to Trampoline & Tumbling	Trampoline, Double Mini & Tumbling Selection of judges - Brevet - On merit or rotation. According to UAG rules, three judges one per discipline with a brevet qualification are eligible to judge. Judges might be required to pay or contribute towards their own costs.

Requirements
Applicable to Trampoline

- a) FIG Youth Competition Compulsory Routine
- b) Set degree of difficulty and a high standard of execution must be obtained for both routines.
- c) Gymnasts profile, track record and progress may be taken into consideration.
- d) A maximum of 4 girls & 4 boys will be selected for the junior & senior team for DMT & TRA

Compulsory Routine

The routine consists of ten (10) different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

- 1. one (1) element to front or back,
- 2. one (1) element from front or back - in combination with requirement No. 1,
- 3. one (1) double front or back somersault with or without twist and
- 4. one (1) element with a minimum of 540° twist and minimum of 360° somersault rotation.

Voluntary Routine Required Difficulty Degree

Individual Trampoline

	Male	Female
Junior	9.0	8.0
Senior	13.0	10.5

With an average execution of 7.5

Double Mini Trampoline

	Male	Female
Junior	12.6	9.8
Senior	22.6	14.1

With an average execution of 9.4

Requirements
Applicable to Tumbling

Juniors- maximum 4 boys and 4 girls

The top 4 will be selected using the highest competition marks from both trials, including a minimum set difficulty to be achieved and minimum execution mark of 8.2 for each routine. Must have competed at the SAGF Gym Games 2017

Junior Ladies – a total of 5.4 for both routines combined
Junior Men – a total of 5.8 for both routines combined

Seniors- maximum 4 boys and 4 girls

The top 4 will be selected using the highest competition marks from both trials, including a minimum set difficulty to be achieved and minimum execution mark of 8.2 for each routine. Must have competed at the SAGF Gym Games 2017

Senior Ladies – a total of 9.0 for both routines combined
Senior Men – a total of 11.50 for both routines combined

Coach Selection
Applicable to Trampoline & Tumbling

Trampoline, Double Mini & Tumbling

The coach with the most senior competitors will be selected as the Head Coach. In the case of a tie, the coach with the highest qualified gymnast will be selected. Personal coaches may apply to travel with the team at their own expense, these coaches will have to work under the Head Coach.

Coaches might be required to pay or contribute towards their own costs. The discipline will not pay for visa costs.

Transformation Target
Applicable to Trampoline & Tumbling

Programme Management reserves the right to include PDI athletes that have not met the requirements to ensure that the demographics of the country are met.

Team Approval
Applicable to Trampoline & Tumbling

The selected gymnasts and officials will be forwarded to the Board of SAGF, via the High Performance Manager, for approval. The Program Management Committee facilitates and motivates the selection.