



Circular TRA TC 31-2018 REVISED

12 October 2018

To: SAGF Board & TTC Members
 Trampoline HP Coaches
 All Provinces, Districts, Clubs & Members

**REVISED REGION 5
 2018 Trampoline & Tumbling Team
 Venue: South Africa**

The selection of Senior, Junior and Pre-Junior TRA teams for participation in the District 5 competition in South Africa 2018 were selected from trial results which was held at the 2018 Gym Games.

Congratulations to the following gymnasts, coaches and judges who have been selected to participate at the Region 5 Competition in South Africa during November 2018

TRAMPOLINE TEAM

Apparatus & Level	Names	Province
Mini Tramp Pre-Junior Females	1. Adelene Hoogendyk	Gauteng
	2. Yolindi Mostert	Gauteng
	3. Amber Palk	Gauteng
	4. Amber-Leigh Mills	Limpopo
	5. Fatiemah van der Heever	Western Cape
Mini Tramp Pre-Junior Males	1. Thomas Swart	Western Cape
	2. Miles de Beer	Gauteng
	3. Wihan van Eeden	Limpopo
	4. Christo Fourie	Gauteng
	5. Deandro du Preez	Limpopo
	6. Jeron Arendse	Western Cape
	Reserves:	
1. Junior Jansen van Vuuren	Limpopo	
Double Mini Junior Females	1. Leolin Petersen	Western Cape
	2. Chloe Terblanche	Eastern Cape
	3. Aminah Lindoor	Eastern Cape
	4. Tatum de Oliveira	Gauteng
	5. Cherike Mollentze	Free State
	6. Simone Jacobs	Western Cape
Reserves:		
	1. Tarika Els	Eastern Cape
	1. Faith Reed	Eastern Cape
Double Mini Junior Males	1. Frans van der Merwe	Western Cape

	2. Reegan Jardim	Gauteng
	3. Jordan Laubscher	Western Cape
	4. Liam Talbot	Free State
	5. Jarryd Bosch	Western Cape
	6. Matthew Zietsman	Western Cape
	Reserves:	
	1. Meyburgh Theron	Free State
	2. Ruben van der Merwe	Western Cape
Double Mini Senior Females	1. Skout-Lee Michl	Western Cape
Double Mini Senior Males	1. Dale Coetzee	Gauteng
	2. Ethan Strydom	Gauteng
	3. Carl van der Westhuizen	Western Cape
	4. Ishmaeel Appies	Western Cape
Euro Junior Females	1. Anike Steenkamp	Western Cape
	2. Cherise Homan	Gauteng
	3. Chloe Terblanche	Eastern Cape
	4. Teishania Santos	Gauteng
	5. Leolin Petersen	Western Cape
	6. Aminah Lindoor	Eastern Cape
	Reserves:	
	4. Tatum de Oliveira	Gauteng
	5. Faith Reed	Eastern Cape
Euro Junior Males	1. Frans van der Merwe	Western Cape
	2. Reegan Jardim	Gauteng
	3. John-Henry Jansen	Gauteng
Euro Senior Females	1. Samantha Klingsick	Western Cape
Euro Senior Males	1. Hein Swanepoel	Gauteng
	2. Jireh Van Staden	Gauteng
	3. Ben-Arthur Stander	Free State

Coaches: Because the competition is being held in South Africa, we will allow more coaches than normal. The selection is as follows;

Mini Trampoline: Gauteng – Linda Coezer (Girls)
Zanis Gymnastics – To provide coaches name (Boys)

DMT & Euro

Gauteng - Senior Girls & Boys Lucky Radebe Head Coach
Western Cape - Senior Girls & Boys To provide coaches name Assistant Coach

Gauteng - Junior Girls & Boys Euro - Dmitry Demianenko
Junior Girls DMT – Eastern Cape – To Provide Coaches Name
Junior Boys DMT – Western Cape – To Provide Coaches Name

The coach with the most senior competitors will be selected as the Head Coach. In the case of a tie, the coach with the highest qualified gymnast will be selected. Personal coaches may apply to travel with the team at their own expense; these coaches will have to work under the Head Coach. At least one PDI coach either as assistant coach or head coach, if necessary assisted by a high performance official

Judges: To be advised

Selection of judges - Brevet & National on merit or rotation and at least one PDI judge if possible.

TUMBLING TEAM

Class	Name	Region
Girls Pre-junior	Ashleigh Pearsons	Gauteng
	Alex Azevedo	Western Cape
	Inge Pretorius	Free State
	Haniya Dollie	Western Cape

Girls Junior	Juliana van Wyk	Gauteng
	Jessica Ward	Western Cape
	Nuraan Appies	Western Cape
	Myra Viduya	Eastern Cape
Girls Senior	Nicole Henson	Gauteng
	Elizabeth Roetz	Gauteng
	Nikita Chambers	Western Cape
	Lenita Kotze	Eastern Cape
Boy Pre-Junior	Jihaad Appies	Western Cape
	Luca Klopper	Free-State
	Lihan Bruwer	Free State
	Matthew Zietsman	Western Cape
Boys Junior	Michael Richter	Gauteng
	Ishmael Appies	Western Cape
	Albert Groothof	Limpopo
	Kiran Condon	Western Cape
Boys Senior	Frans van der Merwe	Western Cape
	Jaco Pretorius	Gauteng
	Adriaan Nel	Gauteng

Coaches: Gauteng (Head Coach) – To provide coaches name
Western Cape – To provide coaches name

The coach with the most senior competitors will be selected as the Head Coach. In the case of a tie, the coach with the highest qualified gymnast will be selected. Personal coaches may apply to travel with the team at their own expense; these coaches will have to work under the Head Coach. At least one PDI coach either as assistant coach or head coach, if necessary assisted by a high performance official

Judges: To be advised

Selection of judges - Brevet & National on merit or rotation and at least one PDI judge if possible.

All Gymnasts & Officials are required to make their own travel and accommodation arrangements for this event.

IMPORTANT – PROVINCES MUST PLEASE ADVISE URGENTLY IF THEY WILL NOT TAKE UP THE COACHES POSITIONS AS ASSIGNED

Please advise of any withdrawals by Wednesday 17th October

REGION 5 INFORMATION (2-4 November 2018)

The Region 5 competition is scheduled to take place in Pretoria, South Africa from **Friday 2nd of November to Sunday 4th of November 2018.**

Entry Fee: R870.00 per athlete & R200.00 per additional participation section

Provisional Schedule

1 November Arrival of Delegations
2 November Scheduled Training
Zone VI Opening Ceremony
3 November TRA Competition
4 November Departure of ALL Delegations

1. Travel Arrangements

All gymnasts and officials will be expected to make their own travel and accommodation arrangements. It is the responsibility of parents to inform the SAGF if your child will NOT be participating, failure to do so will render you liable for any cancellation or costs incurred.

2. Clothing

All gymnasts are required to have the blue Region 5 federation tracksuit, leotards, shorts, longs, & t-shirts. Although there is an official backpack, this item is not compulsory. The uniform for this competition did

change a year or so ago, but there is a phasing in period, so should you already be in possession of the old uniform, you will not need to purchase these items again.

3. Team Acceptance Form, Code of Conduct, Consent and Clothing Order Forms

The Acceptance Form, Code of Conduct, Consent and Clothing Order Forms are to be completed by selected participants by 15th October 2018 and returned to the SAGF. Please note that once you have indicated that you will compete in the Region 5 competition in Namibia, you will be liable for all associated costs.

4. Payment Schedule

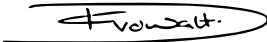
Payment in full by Friday 19th October, 2018 – Province to submit POP to Judy @ SAGF and myself.

5. Confirmation of Participation

Selected participants are requested to confirm, by no later than the 15th October, whether you will be competing in this prestigious competition or not. Failure to do so will result in you being liable for all costs.

Further information will be circulated as it becomes available.

Kind Regards

A handwritten signature in black ink, appearing to read "Cheryl van der Walt", enclosed within a hand-drawn oval shape.

Cheryl van der Walt