

SAGF



South African Gymnastics
Federation Technical
Committee

TRAMPOLINE



Circular TRA TC 20-2019

21 August 2019

To: SAGF EXCO & TTC
Members Trampoline HP
Coaches Trampoline
Judges
All Provinces, Districts, Clubs & Members

RE: TRAMPOLINE NATIONAL L7+

Please be advised that the trampoline national competition for levels 7&8 will take place at TUKS from Thursday 17th October to Saturday 19th October. Once entries have been submitted, we will have a clearer indication of how many days we will need in order to host the following events for our high levels.

Events

Trampoline Individual Events
Double Mini Individual Events
Synchro Events
Olympic Development
World Games Development

The venue will be available for any gymnast wishing to train on Thursday 17th October and the competition program will start on Friday 18th October. We would like to meet with all high-performance coaches on Thursday 17th October, so that we can discuss our 2010 program and other issues – please indicate if you will be available to attend this meeting. An agenda will be distributed in due course.

A decision was made to host Region 5 trials for all apparatus (Mini, Double Mini & Trampoline) in both Cape Town and Gauteng. Gymnasts can choose where they would like to enter for trials however, they will only be allowed to participate in one trial. The Region 5 team will only be announced after the trials in Gauteng have taken place.

The online entry system for Nationals will be open from Fri 23rd August to Mon 2nd September. Please ensure that coaches and judges are also entered online and that all entry fees are paid. **Competition cards must please be emailed to Helene at the following email address info4trampoline@gmail.com by no later than October 4th.**

**PLEASE NOTE THAT THERE IS NO REFUNDS FOR CANCELLED ENTRIES.
PLEASE ENSURE THAT YOUR GYMNASTS ARE ENTERED CORRECTLY, AS
NO CHANGES WILL BE ALLOWED DURING THE COMPETITION.**

TRA Technical Committee:-

Chairperson: Cheryl vd Walt, TRA Technical: Tiaan vd Walt, TRA Development: Lee Budler,
TUM Technical: Michelle Haasbroek, TUM Development: Lebogang Ramokopelwa

Entry Fees:

Category A	First Event	R500.00
	Each Additional Event	R230.00
Category C	First Event	R330.00
	Each Additional Event	R150.00

Region 5 Trial Entry Fee:

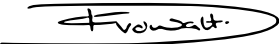
Category A	R400.00
Category C	R250.00

Entry fees to be paid into SAGF bank account, that appear on the online generated invoice.
Districts & Provinces must pay in entry fees - no entry fees to be paid in by competitors, or clubs.

Copy of proof of payment must be submitted to, both:
Cheryl van der Walt cheryl@netactive.co.za & SAGF finance@sagf.co.za

A detailed program will follow after the close of entries

Kind Regards



Cheryl van der Walt
Programme Manager

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