



Circular TRA TC 09-2019

14 February 2019

To: SAGF Board & TTC Members
Trampoline Coaches
All Provinces, Districts, Clubs & Members

**RE: REGISTRATION FOR FIG
TRAMPOLINE AGE GROUP CAMP
WEDNESDAY 3RD APRIL – FRIDAY 5TH APRIL**

Dear Clubs:

The FIG has arranged a 2.5-day follow-up and monitoring camp for the FIG Age Group Program for Trampoline Gymnastics. This camp has been organized specifically for the coaches and gymnasts of your country. The purpose is to monitor and/or assist with the correct implementation and understanding of all aspects of the final edition of the FIG Age Group Program including the Skill Acquisition Profiles, Physical Testing Program, Technical Testing Program, Compulsory Exercises, and Modified Optional Rules.

TRA, DMT or TU Coaches from your club, especially those involved in high level, are invited to attend this camp. The maximum number of coaches we can accept is 30 and selection will be done on a first come, first serve basis. **Please note that it is preferred that each coach be accompanied with his or her own gymnast.**

Date: April 3-5, 2019

Cost: R300.00 includes tea & coffee. Coaches to provide their own lunch daily

Venue for Practical & Theory Lectures:

Matsport Centre
7 Ireland Avenue, Eldoraigne, Centurion

Accommodation:

Please note that accommodation and transport arrangements are for your own account. Suggestions are as follows.

Formula 1 Hotel Midrand **011 805-6239**

Sun Ray Guest House **R2100.00 per night for 6 people**

Address: 159 Hendrik St, Wierdapark, Centurion, 0157

Phone: 082 774 1989

De Oude Herberg B&B **R2850.00 per night for 6 people**

Address: 22 Clanwilliam St, Wierdapark, Pretoria, 0046

Phone: 012 653 3567

Germa Guesthouse

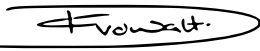
R1497.00 per night for 6 people

Address: 61b Breyten St, Wierdapark, Centurion, 0157

Phone: 078 990 9735

Closing Date: Entries must be submitted online, by **22nd March 2019**.

Kind Regards

A handwritten signature in black ink, enclosed in a hand-drawn oval. The signature appears to read "Cheryl van der Walt".

Cheryl van der Walt
Trampoline Programme Manager