

SAGF



South African Gymnastics Federation
Programme Management
TRAMPOLINE



Circular TRA TC 05-2019

22 January 2019

*To: SAGF Board & TTC Members
Trampoline HP Coaches
All Provinces, Districts, Clubs & Members*

**RE: LEVEL 1- 3 TRAMPOLINE SKILLS & ROUTINES
DEVELOPMENT WORKSHOP**

As part of our commitment to providing better and improved education development to our coaches, we are pleased to announce that trampoline like other disciplines and in line with the SAGF education and training policies will now be offering a **Level 1-3 Skills & Routines Development Workshop**, which coaches can attend to earn points towards their RPL status. Please note that these workshops do **NOT** replace sport specific level 1 course

The level 1-3 Skills and Routine Development Workshop will include all the level 1-3 skills & routines for mini trampoline, table-top, double mini and euro. These workshops should only be a maximum of 3-4 hours long and entry fees should be minimal, to ensure maximum participation.

Provinces and/or districts are responsible to arrange their own workshops, for our discipline we would suggest the following

Level 1 to 3 Skill development – 1st term

Level 1 to 3 Routine development – 2nd term

The facilitator must be approved by the TC. All workshops **MUST** be registered online as at the end of the workshop on receipt of the the completed observation forms from the facilitator, certificates can be generated and online profiles updated.

Kind Regards

Cheryl van der Walt
Trampoline Programme Manager