

**SAGF**



South African Gymnastics Federation  
Programme Management  
**TRAMPOLINE**



**Circular TRA TC 04-2018**

**6 February 2018**

*To: SAGF Board & MTC Members  
Trampoline HP Coaches  
Trampoline Judges  
All Provinces, Districts, Clubs & Members*

**RE: 2018 DMT PARTICIPATION & AGE GROUP ROUTINES –  
Version 1**

Dear All.

The intended DMT routines were sent to the SAGF for distribution on the 30<sup>th</sup> January however after investigation it would appear that they have not been distributed due to a technical hitch. Apologies! After much deliberation the trampoline committee has decided to incorporate the double mini routines as suggested by the FIG in their Age Group program which was introduced to us last year and followed up with a five day practical course.

The most significant change is to the age groups in the participation stream. These are the same age groups as what was incorporated for the Euro. The 2<sup>nd</sup> significant change is that the participation stream gymnasts will only perform 2 routines (1 compulsory routine & 1 voluntary routine from which specific skills are provided that can be utilised to make up your own voluntary routine).

Please keep an open mind, we really believe that these changes will be good for trampoline. Remember that nothing is set in stone and if necessary we will consider change after the competition season – Remember that we like you only have the best interests of the sport in mind. In addition we would just like to reiterate that the participation league is just that, it's not intended to be a progression route for higher levels.

There is also some slight changes to the trampoline routines, so we are also attaching the new edition which is version 3, for your convenience the changes have been highlighted.

Kind Regards

**Cheryl van der Walt  
(TRA & TUM Programme Manager)**

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