

SAGF



South African Gymnastics Federation
Technical Committee
TRAMPOLINE



19 August 2018

Circular TRA TC 25-2018

*To: SAGF EXCO & TRA TC Members
Trampoline HP Coaches
Trampoline Judges
All Provinces, Districts, Clubs & Members*

RE: NEW ROUTINES FOR 2019 – PROPOSAL 1 & 2

Dear Friends,

I am sure that you will all agree that the new black top routines instituted this year have been hugely successful and have provided many more gymnasts with the opportunity to participate.

Based on the outcome of the trampoline indaba earlier this year, the routine committee was selected and given the authority to work on new routines. So far we have put together two proposals which we would like to share with you – although a final set of routines will ultimately be presented by the committee, we do believe that it is in our best interests to engage with you early and provide you with the opportunity to look over and digest these proposals.

We would like to institute the same concept for level 4+ whereby there is only one compulsory routine for that level irrespective of the age of the gymnast.

We look forward to receiving your input either before or at the trampoline technical meeting.

Kind Regards

Cheryl van der Walt

Technical Committee Chairperson

TRA Technical Committee:-

Chairperson : Cheryl vd Walt, TRA Technical : Tiaan vd Walt, TRA Development : Lee Budler,

TUM Technical : Michelle Haasbroek, TUM Development : Lebogang Ramokopelwa, Athlete Rep : Bianca Zoonekynd