

SAGF



MINI – TRAMPOLINE CODE

(Updated 7 June 2017)



MINI TRAMPOLINE CODE

1. COMPETITIONS

Competitions are held in the following age groups for girls and boys:

6 – 7 years 8 years 9 years 10 years 11-12 years
13 -14 years 15 years and over

(Mini Trampoline routines are the same for all levels & age groups)

Competition Attire

A team must wear the same club, regional or provincial dress

Same club or regional dress for team

Girls: Leotard and bare feet.

Boys: Leotard and “short” short, bare feet

Exception to this rule is made for new clubs and/or schools that compete in individual competition. Their clothing attire will be:

Girls and boys could jump in a neat T-shirt and a short (shorts should be above knee height and shirts should be tucked in to enable judges to see the gymnasts body position in the air).

However, all the members of the club or regional team must wear “look-alike” T-shirts and shorts.

NB – According to SAGF rules a gymnast aged 5 years and younger cannot participate in any official event however, talented gymnasts can still compete in club competitions and will participate in the first age group 6-7 years.

2. ROUTINES

- The prescribed routines are performed first.
- Changes to the compulsory (prescribed) skills result in termination of the routine and a Zero Mark.
- Changes to voluntary routines are allowed without penalty.

2017 PRESCRIBED ROUTINES MINI TRAMPOLINE

LEVEL 1

No	6 – 7 Years	8 Years	9 Years	10 Years	11-12 Years	13-14 Years	15 Years & Over
1.	Tuck Jump	Tuck Jump	Tuck Jump	Tuck Jump	Tuck Jump	Tuck Jump	Tuck Jump
2.	Straddle Jump	Straddle Jump	Straddle Jump	Straddle Jump	Straddle Jump	Straddle Jump	Straddle Jump
3.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>
4.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>

LEVEL 2

No	6 – 7 Years	8 Years	9 Years	10 Years	11-12 Years	13-14 Years	15 Years & Over
1.	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette
2.	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°
3.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>
4.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>

The 2nd skill must be a salto of 360° - failure to adhere to this requirement will incur a .5 penalty from each execution judge

LEVEL 3

No	12 Years and Younger	13 Years and Older
1.	<i>Four Voluntary passes where the difficulty counts in all four of the passes. Each skill must have a minimum difficulty of 0.4</i>	<i>Four Voluntary passes where the difficulty counts in all four of the passes. Each skill must have a minimum difficulty of 0.4</i>
2.		
3.		
4.		

Limitations – Only half or junior colours can be awarded for Levels 1,2 and 3

Exception to standard judging rules:

Gymnasts aged 6,7,8 level 1, 2, 3, 4, & 5 will not be penalised for landing outside the landing zone in front of the apparatus, as we do not want to teach the gymnasts incorrect technique of leaning for their skills. This exception does not apply if the gymnast lands on either side of the landing zone in which case normal penalties will apply.

Landing Zone for above mentioned levels and Age Groups must be clearly marked on Landing Area

3. RULES & REGULATIONS

3.1 Repetition of skills on the mini-trampoline is not allowed in any of the routines. When a skill is repeated and the skill has no difficulty value or a value lower than 0.5 a deduction of 0.5 is made by the difficulty judging – if the difficulty of the skill is higher than 0.5 the full diff. of the skill is deducted.

- 3.2 Warm-up time is within the discretion of the organisers and depends on time and availability of equipment. Warm-up should not be used as a training session and any abuse of the warm-up time will incur a penalty of 0.3 from each execution judge in the first routine.
- 3.3 If there are 17 or more in a group, there will be a preliminary and a final round. The competitors will be divided in flights and the voluntary routines will serve as the preliminary round. The ten competitors with the highest scores (execution plus difficulty) progress to the final
- 3.4 The voluntary routines will be performed in the final round. If competition time allows all gymnasts may be allowed to perform both routines, however this is up to the discretion of the competition organisers.
- 3.5 The same panel of judges must judge all the flights for a specific group.
- 3.6 Before the final, the competitors should be allowed to warm up their third and fourth skills once, depending on the arrangements of the organisers, time and available warm-up equipment. The scores from the preliminary round are carried over and added to the competitor's final score to determine the total score
- 3.7 Double-mini competitors are not allowed to participate in competitions on the mini trampoline
- 3.8 Trampoline & Blacktop competitors may compete on the mini trampoline.
- 3.9 Gymnasts who participate on the mini-trampoline may not be awarded provincial colours, only novice or ½ colours.
- 3.10 The winner of the competition will be the gymnast with the highest total score for both routines (execution for all routines and difficulty for the first 2 routines are added). Any tie will be broken according to the SA TRA tie breaking rules, i.e. there will only be one gold, silver and bronze medallist per category.

4. DEDUCTIONS

Execution of the routines is marked out of 2.0.

Start of a pass

Each gymnast will start on a signal given by the Chair of Judges Panel.

After the signal has been given, the gymnast must initiate the first element within 20 seconds, otherwise a penalty of 0.3 points will be made by the Chair of Judges Panel.

If this time limit is exceeded as a result of faulty equipment or other substantial cause, no deduction will be applied. This decision is made by the Chair of Judges' Panel.

If there is a faulty start and the gymnast has not touched the Mini-Trampoline, then the gymnast may re-start without penalty on a signal from the Chair of Judges' Panel.

4.1. DUTIES OF THE JUDGES FOR EXECUTION

- a. Lack of form, consistency of height & control - 0,1 - 0,5 points per skill
- b. Lack of stability - after dismount - 0,1 - 0,3 points

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|-------|---|------------|
| 4.1.1 | After landing, touching the MT or landing zone/area with one or both hands Touch landing mat with one/both hands - deduct | 0,5 points |
| 4.1.2 | Fall to knees or hands/knees, seat, front or back - deduct | 1,0 points |
| 4.1.3 | Fall against MT - deduct | 1,0 points |
| 4.1.4 | Assistance from spotter/coach after landing – deduct | 1,0 points |

MAXIMUM landing deduction is 1,0 points

Landing penalties are the duty of the Chair of Judges

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|-------|-----------------------|------------|
| 4.1.5 | Landing inside zone B | 0,9 points |
| 4.1.6 | Landing inside zone C | 1,5 points |

- 4.1.8 Stepping from zone A to B/C or B to C 0,3 points
4.1.9 Touching anything other than the bed during a pass will not cause an interruption, but will get a penalty of 0.3 points

4.2 Zero Passes - zero score awarded on instruction of the chair of the judging panel

- 4.2.1 Not jumping with both feet simultaneously onto the mini tramp
4.2.2 Not landing with both feet simultaneously onto the landing area
4.2.3 Landing outside the landing area

4.3 Deductions by the judges for execution

- 4.3.1 Lack of form, consistency of height & control - 0,1 - 0,5 points per skill
4.3.2 Lack of stability - after dismount - 0,1 - 0,3 points

4.4. Actions and deductions by the difficulty judge

- 4.4.1 Check prescribed routines. When a competitor does not perform the correct prescribed routine for the event, bring it to the attention of the superior judge. Zero mark for the routine.
4.4.2 Check for repeats. Deduction of 0.5 for a repeat where difficulty is less than 0.5. If difficulty is higher than 0.5 total difficulty is forfeited.
4.4.3 In **level 3, when** not performing a skill with the set minimum difficulty of 0.4 a competitor will get a zero mark for that pass.

5. JUDGING PANEL

The judging panel consists of: One Superior Judge, three Execution Judges (*if enough judges are available five execution judges*), at least one but preferably two Difficulty Judge

6. SCORING

- 6.1 The FIG difficulty value system for the Double Mini Trampoline is used
6.2 The total score of a competitor is calculated as follows:
Add the three scores of the execution judges together (*if five judges, discard the highest and lowest mark and add the three middle scores together*)
Add difficulty where applicable
For total score add the scores for all four routines together (*round total to 2 decimals*).