

LEVEL 2

No	6 – 7 Years	8 Years	9 Years	10 Years	11-12 Years	13-14 Years	15 Years & Over
1.	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette	Pirouette
2.	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°	Free Salto Of 360°
3.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>
4.	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>	<i>Voluntary</i>

The 2nd skill must be a salto of 360° - failure to adhere to this requirement will incur a .5 penalty from each execution judge

LEVEL 3

No	12 Years and Younger	13 Years and Older
1.	<i>Four Voluntary passes where the difficulty degree counts in all four of the passes. Each skill must have a minimum difficulty degree of 0.4</i>	<i>Four Voluntary passes where the difficulty degree counts in all four of the passes. Each skill must have a minimum difficulty degree of 0.4</i>
2.		
3.		
4.		

Limitations – Only half or junior colours can be awarded for Levels 1,2 and 3

Exception to standard judging rules:

Gymnasts aged 6,7,8 level 1, 2, 3, 4, & 5 will not be penalised for landing outside the landing zone in front of the apparatus, as we do not want to teach the gymnasts incorrect technique of leaning for their skills. This exception does not apply if the gymnast lands on either side of the landing zone in which case normal penalties will apply.

3. RULES & REGULATIONS

- 3.1 Repetition of skills on the mini-trampoline is not allowed in any of the routines. When a skill is repeated and the skill has no difficulty value or a value lower than 0.5 a deduction of 0.5 is made by the difficulty judge – if the difficulty of the skill is higher than 0.5 the full diff. of the skill is deducted.
- 3.2 Warm-up time is within the discretion of the organisers and depends on time and availability of equipment. Warm-up should not be used as a training session and any abuse of the warm-up time will incur a penalty of 0.3 from each execution judge in the first routine.
- 1.3 If there are 17 or more in a group, there will be a preliminary and a final round. The competitors will be divided in flights and the voluntary routines will serve as the preliminary round. The ten competitors with the highest scores (execution plus difficulty) progress to the final
- 1.4 The prescribed routines will be performed in the final round. If competition time allows all gymnasts may be allowed to perform both routines, however this is up to the discretion of the competition organisers.
- 1.5 The same panel of judges must judge all the flights for a specific group.
- 3.6 Before the final, the competitors should be allowed to warm up their third and fourth skills once, depending on the arrangements of the organisers, time and available warm-up equipment. The scores from the preliminary round are carried over and added to the competitor's final score to determine the total score

- 3.7 Trampoline and double-mini competitors are not allowed to participate in competitions on the mini trampoline (exception 8 and under age group). It is very difficult for a six or seven year old to get onto the double-mini, their legs are too short. Therefore, these little gymnasts, 8 and under category on double-mini, will be allowed to compete in the 6 and under, 7 years and 8 years mini-tramp competition instead of 8 and under double-mini event.
- 3.8 Blacktop competitors may compete on the mini trampoline.
- 3.9 Gymnasts who participate on the mini-trampoline may not be awarded provincial colours, only novice or ½ colours.
- 3.10 The winner of the competition will be the gymnast with the highest total score for both routines (execution for all routines and difficulty for the first 2 routines are added). Any tie will be broken according to the SA TRA tie breaking rules, i.e. there will only be one gold, silver and bronze medallist per category.

4. DEDUCTIONS

Execution of the routines is marked out of 2.0.

Start of a pass

Each gymnast will start on a signal given by the Chair of Judges Panel.

After the signal has been given, the gymnast must initiate the first element within 20 seconds, otherwise a penalty of 0.3 points will be made by the Chair of Judges Panel.

If this time limit is exceeded as a result of faulty equipment or other substantial cause, no deduction will be applied. This decision is made by the Chair of Judges' Panel.

If there is a faulty start and the gymnast has not touched the Mini-Trampoline, then the gymnast may re-start without penalty on a signal from the Chair of Judges' Panel.

4.1. Deductions on instruction of the chair of judges

4.1.1	Touch anything other than the mini-tramp bed during pass - deduct	0,1 points
4.1.2	Touch landing mat with one/both hands - deduct	0,5 points
4.1.3	Fall to knees or hands/knees, seat, front or back - deduct	1,0 points
4.1.5	Touch MT or fall against MT - deduct	1,0 points
4.1.6	Landing inside zone B	0,3 points
4.1.6	Landing inside zone C	0,5 points
4.1.7	Stepping from zone A to B/C or B to C	0,1 points
4.1.8	Assistance from spotter/coach after landing – deduct	1,0 points

MAXIMUM landing deduction is 1,0 points

4.2 Zero Passes - zero score awarded on instruction of the chair of the judging panel

- 4.2.1 Not jumping with both feet simultaneously onto the mini tramp
- 4.2.2 Not landing with both feet simultaneously onto the landing area
- 4.2.3 Landing outside the landing area

4.3 Deductions by the judges for execution

- 4.3.1 Lack of form, consistency of height & control - 0,1 - 0,5 points per skill
- 4.3.2 Lack of stability - after dismount - 0,1 - 0,3 points

4.4. Actions and deductions by the difficulty judge

- 4.4.1 Check prescribed routines. When a competitor does not perform the correct prescribed routine for the event, bring it to the attention of the superior judge. Zero mark for the routine.
- 4.4.2 Check for repeats. Deduction of 0.5 for a repeat where difficulty is less than 0.5. If difficulty is higher than 0.5 total difficulty is forfeited.

- 4.4.3 In Junior & Senior Elite, when not performing a skill with the set minimum difficulty of 0.4 a competitor will get a zero mark for that pass.

5. JUDGING PANEL

The judging panel consists of: One Superior Judge, three Execution Judges (*if enough judges are available five execution judges*), at least one but preferably two Difficulty Judge

6. SCORING

6.1 The FIG difficulty value system for the Double Mini Trampoline is used

6.2 The total score of a competitor is calculated as follows:

Add the three scores of the execution judges together (*if five judges, discard the highest and lowest mark and add the three middle scores together*)

Add difficulty where applicable

For total score add the scores for all four routines together (*round total to 2 decimals*).