

**SOUTH AFRICAN GYMNASTICS FEDERATION  
LEVELS NATIONALS FOR RHYTHMIC GYMNASTICS - 2012 - WITS**

Warm-up	Grouping	Competition 1st 2 routines	Competition 2nd 2 routines	Prize-giving	GYMNAST ALLOCATION
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**Friday, 28 September 2012**

**LEVEL 4**

					<b>CARPET 1</b> 31 gymnasts	<b>CARPET 2</b> 33 gymnasts	<b>CARPET 2</b> 33 gymnasts	
Group 1	08h00	08h50	09h00	11h00	±12h30	CG, EC, KZN, NAM - all under 9	BOL, FSS, LIM, MPU - all under 11	KZN, WP, GN - all under 13
Group 2	08h30	09h20	±09h30	±11h30		NW, WP, BOL - all under 9	CG, EC, GN, NC - all under 11	BOL, EG, FSS, LIM, NAM, SC - all under 13
Group 3	09h00	09h50	±10h00	±12h00		BOL, CG, KZN, LIM, WP - all under 15	KZN, NAM, WP - all under 11	CG, EC - all under 13; BOL, CG, EC, KZN, NC - all over 15

**Friday, 28 September 2012**

**LEVEL 5**

					<b>CARPET 1</b> 26 gymnasts	<b>CARPET 2</b> 27 gymnasts	<b>CARPET 2</b> 25 gymnasts	
Group 1	14h00	14h50	15h00	16h45	±18h00	BOL, CG, EC, LIM - all under 11	NAM, NC, SC, WP - all under 13	KZN, LIM, NAM, NC - all under 15
Group 2	14h30	15h20	±15h30	±17h15		GN, KZN, NAM, WP - all under 11	FSS, GN, KZN, LIM - all under 13	BOL, CG, EC, EG, FSS, GN, NW, WP - all under 15
Group 3	15h00	15h50	±16h00	±17h45		BOL, CG, GN, NAM, SC - all under 9	CG, EC, EG - all under 13	CG, FSS, KZN, LIM - all over 15

**Friday, 28 September 2012**

**TECHNICAL ASSEMBLY**

**Saturday, 29 September 2012**

**LEVEL 6**

					<b>CARPET 1</b> 25 gymnasts	<b>CARPET 2</b> 26 gymnasts	
Group 1	08h00	08h50	09h00	11h00	±12h30	BOL, CG, EC, GN, KZN - all under 13	BOL, GSS, GN, KZN, NAM, WP - all under 15
Group 2	08h30	09h20	±09h30	±11h30		FSS, LIM, MPU, NAM, NC, NW, WP - all under 13	EC, GN, MPU, NAM, SC - all under 11; NAM - all under 9
Group 3	09h00	09h50	±10h00	±12h00			FSS, LIM, NC - all over 15

**Saturday, 29 September 2012**

**LEVEL 7**

					<b>CARPET 1</b> 16 gymnasts	<b>CARPET 2</b> 17 gymnasts	
Group 1	14h00	14h50	15h00	16h00	±17h00	CG, EG, FSS, GN, KZN, NAM, NW, WP - all under 15	FSS, GN, KZN, NC, NW, WP - all over 15
Group 2	14h30	15h20	±15h30	±16h30		BOL, CG, FSS, GN - all under 11	BOL, CG, GN, KZN, NAM, NW - all under 13

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**Saturday, 29 September 2012**

**GROUPS**

All	17h00	17h50	18h15		±19h00
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**Sunday, 30 September 2012**

**Trials for African Championships**

Junior & Jnr Group	09h00		11h00
Senior	12h00		14h00

**Monday, 1 October 2012**

**LEVEL 8**

**CARPET 1**

Over 15	08h00		09h30		±10h50	(14 gymnasts)
Under 15	10h00		11h30		±14h10	(16 gymnasts)
Under 13	13h30		15h00		±16h30	(9 gymnasts)