

**SAGF TUMBLING**  
**SELECTION POLICY**  
**AFRICAN CHAMPIONSHIPS**  
**28 August – 4 September**  
**2016 Namibia**



The Tumbling Selection Policy is submitted as an addendum to the Trampoline Selection Policy.

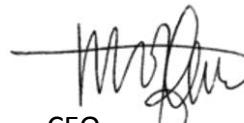
<b>1</b>	<b>FORMAT OF COMPETITION</b>	<i>FIG Rules</i> <i>UAG Rules</i> 2 voluntary passes in the prelims and 1 voluntary pass in the final – Juniors and Seniors
<b>2</b>	<b>COLOURS</b>	Seniors - Protea Colours Juniors – Federation Colours
<b>3</b>	<b>ELIGIBILITY</b>	SAGF Registered members, RSA Citizens, RSA Passport holders
<b>4</b>	<b>CATEGORIES</b>	<i>Juniors(Ages 11 – 17 years Boys and Girls)</i> <i>Seniors(Ages 16 and over Boys and Girls)</i>
<b>5</b>	<b>SELECTION EVENTS</b>	First trial - SA Gym Gams 2015, Jonnibach Second trial – 19 March 2016 , Randburg Third trial – 14 May 2016. Eldoraigne
<b>6</b>	<b>REQUIREMENTS</b>	<i>Juniors– maximum 4 boys and 4 girls</i> The top 4 will be selected using the highest competition marks from both trials, including a minimum set difficulty to be achieved and minimum execution mark of 8.2 for each routine Junior Ladies – a total of 5.4 for both routines combined Junior Men – a total of 5.8 for both routines combined  <i>Seniors– maximum 4 boys and 4 girls</i> The top 4 will be selected using the highest competition marks from both trials, including a minimum set difficulty to be achieved and minimum execution mark of 8.2 for each routine Senior Ladies – a total of 9.0 for both routines combined Senior Men – a total of 11.50 for both routines combined The Selection Committee will select a maximum of 75% of the team (or as will be applicable depending on team size and team composition) ON MERIT and will have the option to select 1 or more wild card/s to complete the team. The wild card/s will be required to meet one or more of the following criteria: <ul style="list-style-type: none"> <li>• A Priority Athlete identified as per the SAGF HP Plan 2013-2016;</li> <li>• An athlete that would satisfy the performance strategy for the event.</li> <li>• The next athlete in line for selection on MERIT</li> </ul>
<b>7</b>	<b>ILLNESS, INJURY OR REMOVAL</b>	A gymnast will only be excused from a trial through illness or injury with a valid doctor’s certificate. A profile will be taken into consideration from a valid international competition in 2016 approved by the Technical Committee. A gymnast can be removed from the team on the following basis: <ol style="list-style-type: none"> <li>1. Non-compliance in training</li> <li>2. Violation of the codes of behaviour</li> <li>3. Injuries at a late stage</li> <li>4. Not following instructions of Head of Delegation and or Designated Manager</li> </ol>
<b>8</b>	<b>COACH SELECTION</b> <i>(Head Coach and Assistant Coaches)</i>	Head coach and Assistant coach will be selected according to the number of participants that make the team for that event. As this will be a self funding event, if the selected coach/assistant coach can not attend this event, the next coach according to numbers in the team will be selected. In case of a tie, the coach with the highest qualified

		gymnast will be selected. Personal coaches may apply to travel with the team at their own expense. These coaches will have to work under the Head Coach.
9	<b>JUDGE SELECTION</b> <i>(Merit vs Rotation)</i>	According to the UAG rules 3 judges per country per discipline with a brevet qualification are allowed.  The rotation policy is the preferred one within Tumbling. As this is a self funding event, if the selected Judge can not attend this event, the next best according to qualification and experience will be selected.
10	<b>TRANSFORMATION TARGET</b> <i>(As per SAGF Equity Goals)</i>	The SAGF board is currently reviewing the equity goals of the federation. The selection will therefore be based on merit until such time that a new equity policy is published.
11	<b>TEAM APPROVAL</b>	The selected gymnasts and officials are forwarded to the High Performance Manager, who will then submit a recommendation for approval to the Board of SAGF. The Programme management facilitates and motivates the selection.

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TRA Programme Manager  
Helen van der Walt



CEO  
Tseko Mogotsi